

Monday

16:15 - 17:15
Ballet Grad 2
Age 6-9

17:15 - 18:00
**Modern Dance
Acrobatic**
Age 7-10

18:15 - 19:15
Ballet
Beginners
Teens and Adults

19:15 - 20:30
Ballet
15 Min Streching
Beginners
Adults

20:30 - 21:30
Modern
Beginners
All Ages

Tuesday

15:30 - 16:15
Pre Ballet
Age 3-5

16:15 - 17:15
Ballet Grad 2-3
Age 7-10

17:15 - 18:30
Ballet Grad 4-5
15 Min Pointe Work
Age 11-14

18:30 - 19:45
Modern/Jazz
Advanced

19:45 - 21:15
Ballet
Intermediate
Adults
+ point work 15 min

Wednesday

15:00 - 16:15
Ballet
Intermediate
Age 10-12

16:15 - 17:15
Dancestyles Kids
Age 6-9

17:15 - 18:15
Dancestyles Teens
Beginners
Age 10+

18:15 - 19:15
Modern / Jazz
Beginners
All Ages

19:15 - 21:00
Ballet and
Pointe Work
Advanced

Thursday

16:45 - 18:15
Ballet Adults/Teens
Pointe Work
Intermediate

18:15 - 19:15
Ballet
Beginners
Adults-Teens

19:15 - 20:15
Jazz/Modern
Beginners

20:15 - 21:15
Hip-Hop
Intermediate

Friday

15:15 - 16:15
Ballet Grad 2
Age 7-9

16:30 - 17:15
Pre Ballet
Age 4-6

17:30 - 18:45
Modern Dance
Intermediate
Adults

18:50 - 20:15
Ballet
Pointe Work
Beginners
Teens and Adults

Saturday

10:00 - 10:45
Creative Movement
Age 3-5